

Tam's Care-mail

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It is so Rainy and Cold Here! The children want it to warm up!

Lunch: Grilled cheese, bread, carrots, green beans milk

Snack: Eggs and milk

Naptime: Everyone at 11:45 am was asleep. It has to be the rain outside.

Bedtime News: I have heard from some parents they are having trouble getting their child to bed. This is why we try to have a short naptime. Yesterday morning on NBC Today show they had two mothers who have wrote a book about bedtime. How this has become a large problem in America and the need for parents to have a supportive resource like their book and training DVD. If you have the time, go to the Today website and take a look at this article and book. It might be the best thing you will do to get a good nights sleep for your family.

Preschool News:

We worked on adding different things up. How many cars and blocks could we find alike or different.

Songs: Favorite tones today where just regular country music

Activity: Bowling in the house this afternoon

Reading: Is an excellent way to past the time! Chicka chicka boom boom was a hit

**Please feel free to take your time with working with your children with the activity pages. These pages are meant to reinforce what we are learning in a "positive fun way". Please have fun with your child while doing them.

Have a Great Day!
Tam, Marlene, your children

